

Want to improve your employees' job satisfaction, loyalty and mental health?

Give them more time to do the things they love!



MHN's Work & Life Services can reduce the time employees spend on everything from finding service providers to financial planning to identity theft recovery. So their time off is really time off – and time on the job is more productive.

EXPANDED WORK & LIFE SERVICES NOW AVAILABLE!

In addition to the range of clinical counseling and Work & Life Services included with our basic EAP packages, we now also offer:

- » **Enhanced Work & Life Services** that deliver confirmed childcare and elder-care openings
- » **Caregiver Assistance** to help members care for aging parents
- » **Premium Legal Services** for everything from family law to criminal matters
- » **Premium Financial Services** that include estate planning, specialized tax assistance and much more
- » **Premium Identity Theft Recovery Services** to resolve fraud on behalf of the member

Call MHN today for customized EAP and behavioral health solutions that deliver real results!

(800) 327-7526
www.mhn.com

SHE'S PERFECT FOR THE JOB.

Four other employers think so, too.



During a talent war, health benefits will play a key role in recruiting and retaining skilled workers!¹ In fact, studies continue to find that health insurance is the number one benefit workers consider in job choice and job change decisions.²

MHN offers a range of behavioral health benefits to help your business recruit, develop and retain talent. *What's more, our behavior-change services promote wellness, prevention and early intervention – reducing your cost of providing health benefits.*

To learn more, call **(800) 327-7526.**

Management Consultation • Work & Life Services
Wellness Programs • Substance Abuse Services

^{1,2} Salisbury, Dallas. 2007. Health Reform and Labor Shortages Hit Head On. Human Resource Executive. <http://www.hreonline.com/HRE/story.jsp?storyId=10389901> (accessed April 6, 2007).



What does "excellent benefits" really mean?

Medical, dental and life? Sure.
401K? We hope so.

But if you want to attract and retain the best employees, offer more. People need good health, emotional wellbeing and work-life balance to perform their best.

With MHN, you can give employees the tools they need to decrease stress, increase productivity and lead healthier, happier, more balanced lives, all with a hearty return-on-investment.

*Now that's what **we** call excellent benefits!*

For EAP and behavioral health solutions that are customized to meet your needs and deliver real results, call MHN today!

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Employee Assistance Programs

- » Confidential, toll-free phone line available 24/7
- » Assessment and referral for stress, depression, grief, relationship issues and more
- » Work & Life Services, including financial, legal, childcare, eldercare and identity theft recovery

Wellness and Disease Prevention

- » Online health risk assessment
- » Stress management programs
- » Weight management coaching
- » Smoking cessation program

Global Support Solutions

- » International EAPs
- » Expatriate services

Managed Behavioral Healthcare

- » Mental health services
- » Addiction services
- » Depression disease management

Management Consultation and Training

- » Organizational development and change management consultation
- » Leadership/management coaching
- » Conflict resolution
- » Critical incident stress management
- » Classes and workshops, including career development titles such as:
 - Career Management and Career Planning
 - Working in Teams
 - Basic Skills for Supervisors
 - Leadership and Leading